

Palliative Medicine

Comprehensive Pain and Symptom Management in Consultation with Your Medical Provider

> THE JEWISH HOME CENTER FOR PALLIATIVE MEDICINE A program of the Los Angeles Jewish Home Committed to Quality of Life

About the Staff

Dr. Alina Lopo, MD PHD, Medical Director of the Jewish Home Center for Palliative Medicine and Skirball Hospice, is board certified in Internal Medicine and Hospice and Palliative Medicine. She is also an Assistant Professor of Medicine at UCLA School of Medicine and is on the Medical Staff at Providence Tarzana Medical Center.

Anne Moore, MSN, FNP-c, Palliative Service Program Manager, is a board certified Family Nurse Practitioner with extensive experience in geriatrics and palliative medicine, having worked for a large integrated hospital system in the San Fernando Valley.

Financial Considerations:

Palliative Medicine services are covered under Medicare Part B, Medi-Cal, and private insurance companies.

To verify your benefits, call the Jewish Home Center for Palliative Medicine at 818.578.7427.

Contact Us



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818. 578.7427 (Always Answered)



In Consultation with your Medical Provider...

A key benefit of the services provided by our staff at the Jewish Home Center for Palliative Medicine is that we coordinate our plan with your doctor or multiple providers to set new goals to help you feel better. Your palliative medicine team includes you, your participating family, our board certified physician specializing in palliative medicine and a certified family nurse practitioner with extensive experience in palliative medicine.



What is Palliative Medicine?

Palliative medicine is a medical specialty that helps adults with serious, chronic or life-limiting illness. It is appropriate at any point in an illness and can be delivered along with curative treatments. Palliative medicine is both a philosophy of care and a process for delivering care. The term "palliative" means to relieve or lessen without curing.

Palliative medicine can be helpful to those experiencing symptoms such as pain, shortness of breath, loss of appetite, difficulty sleeping, fatigue, nausea, or other conditions that cause discomfort or distress.

Our goals are to help you:

- control your pain and other symptoms
- better understand your choices for medical care
- regain strength to carry on with daily life
- improve your ability to continue medical treatments
- reduce visits to the emergency room.

Our primary objective is your comfort.

Who Benefits from Palliative Medicine?

Anyone who is experiencing uncontrolled symptoms related to surgery or chronic illness including:

- Multiple sclerosis
- Cancer
- Congestive heart failure
- Kidney illness
- Stroke
- ALS (Lou Gehrig's disease)
- Emphysema
- COPD
- Dementia/Alzheimer's Disease

The Jewish Home Center for Palliative Medicine:

- helps you understand your choices and options for care
- improves your ability to tolerate other treatments
- helps you gain the strength to return to your normal activities

Starting Palliative Medicine:

Whether there is a sudden change in your health (heart attack, stroke, hip or spinal fracture) or subtle onset (weight loss, pain, recurring infections, fatigue, avoiding food or medications), call for a palliative medicine consultation.

Call us at 818.578.7427 for information and/or to schedule a palliative care consultation. We are available when your symptoms and progression of serious, chronic or life-limiting illness interferes with your ability to carry on daily activities.